



Lifehouse Sober Living Center

A Ministry of New Life Church Atlantic
www.nlcatlantic.org

Admission Application

Legal Name _____

Date of Birth _____ Current Age _____

Distinguishing marks _____

Emergency Contact Address & Number _____

Next of Kin Name, Address, Number _____

Do you currently have a job? Yes / No If yes where and Phone # _____

Any Job Prospects? Yes / No If yes where? _____

Are you disabled? Yes / No If yes, do you work or are you able to work? _____

Do you receive monthly support such as SSI or any type of assistance? _____

Are you able to pay a sobriety deposit and/or programming fees upon arrival? Yes / No Amount \$ _____

Do you have a doctor? Yes / No If yes, Dr. Name and number _____

Medical coverage _____

Do you have any medical or mental health concern or conditions? Yes / No

List all medical conditions. Also list all medications, it's purpose and who prescribed:

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Do you have any children? Yes / No If yes, list names and ages:

Do you have any visitation guidelines or restrictions between you, your children or ANY children?

Yes / No If yes, please explain restrictions:

Do you have a custody support order or order to pay child support? Yes / No If yes, are you current on support? Yes / No If nom amount in arrears \$ _____

Do you have any allergies? Yes / No If yes, explain _____

Were you ever incarcerated? Yes / No List charges and dates:

Do you have any pending criminal charges? Yes / No If yes, please list:

Are you currently incarcerated? Yes / No Do you have a parole hearing? Yes / No

What is the full name and # of your case manager? _____

Housing unit at correctional facility? _____

Are you currently on parole? Yes / No If so, name and phone number of parole officer:

What is/are your drug(s) of choice? (And yes alcohol is a drug!)

Do you have a history of violence or have you ever been classified as violent? Yes / No

If Yes, explain: _____

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Can you recognize any of your triggers? Yes / No If yes, list:

What are your personal goals?

What do you expect to receive from Lifehouse sober living programming?

What do you consider your biggest challenge? (For Example: relapsing, being in a healthy relationship)

What do you think is the largest asset you bring to Lifehouse sober living and New Life Church?

Is there any additional information you would like to share?

By Signing this form I am stating that I have filled out all pages truthfully.

Print: _____

Signature: _____

Date: _____

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Acknowledge & Acceptance of New Life Church Lifehouse Sober Living Rules and Regulations

I, _____, understand if I am accepted, I am willingly entering a transitional housing facility and agree to adhere to all of the rules and regulations. I fully understand I am liable for any and all deposits, fines, and programming fees incurred during the time of my stay. I further understand if I do any damage to Lifehouse, I am responsible for damages, as well as any evaluation fees paid on my behalf upon admission to Lifehouse. I agree to actively pursue recovery and God's will for my life. I also agree to vacate Lifehouse at any time deemed necessary and directed to do so. I sign this acknowledgement and accept these rules and regulations of my own free will. I have read and received a complete copy of New Life Church's Lifehouse sober living rules and regulations.

Print: _____

Signature: _____

Date: _____

Witness Print: _____

Signature: _____

Date: _____

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Authorization to obtain & release of information

(A copy of this form is as valid as the original)

Full Legal Name:

Last: _____ First: _____ Middle: _____

Other Names/ Nicknames/ Also Known As: _____

Date of Birth:

Month: _____ Day: _____ Year: _____

Do you a current Driver's License? Yes / No

Driver's License # _____ State _____

I hereby authorize release of my medical, mental health, substance abuse, probation, parole, employment records and other pertinent personal information to New Life Church Lifehouse Sober Living and its representatives. The purpose of this release and sharing of information is for coordination of my care, programming and compliance while residing as Lifehouse Sober Living. This release form covers letter/ form communication, verbal communication and /or printed copies of records. I understand this release of information is only valid 96 hours after my release or eviction from Lifehouse Sober Living in order to coordinate future care. I also understand I am entitled to a copy of this Authorization for Release of information form. To revoke a consent of release to obtain information, individual must complete the requesting writing and this will be reviewed by New Life Church.

Print: _____

Signature: _____

Date: _____

Witness Print: _____

Signature: _____

Date: _____

Date of Acceptance _____ **Date of Entry** _____

Date of Transition _____ **Date/ Time of Eviction** _____

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In order to live at New Life Church's Lifehouse Sober living, residents must be willing to...

1. Follow recommendation of a program plan
2. Attend weekly recovery meetings, fellowship/core group. Celebrate Recovery and house meetings, Daily evening accountability
3. Get a sponsor and utilize sponsor regularly, working the steps
4. Meet regular with assigned spiritual mentor
5. Follow Lifehouse sober living rules and guidelines
6. Get a job and be financially responsible, working towards independence
7. Support other house residents by encouraging them when needed, confronting when necessary and supporting them by taking them to meetings and programming
8. Be subject to random urinalysis/or drug testing

Are you willing?

We want to help you grow, learn and reshape your life. In order to do that New Life Church lifehouse residents must be willing to "do the work!" Inability to pay programming fees/sobriety deposit will exclude you from acceptance into our transitional home. We do not discriminate against anyone desiring to move positively forward in life or anyone willing to work on previous behaviors/habits in order to CHANGE.

We know God is able to do mighty things in anyone's life, but only if you are willing to allow for it. If you have reservations about following New life Church's Lifehouse rules, please consider alternate housing as New Life Church's lifehouse rules are not optional. Residents may be asked to leave anytime their presence in the home is deemed disruptive, unhealthy, intimidating and intrusive or if a resident is not willing to work their program. However, if you are truly willing to do the work, we are willing to walk it out with you. Are you willing?

Program Plan

All residents have a program plan; each program plan is determined after review of evaluations and/ or discharge summaries made available to New Life Church by applicant. If a resident is coming from treatment or prison, residents need to request a copy of their discharge summary prior to release. If resident is on parole or probation, they can request a copy of their discharge summary or evaluation to be submitted to New Life Church by the parole or probation office. If an official evaluation is needed, they will be conducted by local professional entities. If residents are unable to pay, New Life Church lifehouse will pay and the resident will pay it forward.

Recovery, Support, & Life Skill Meetings

Residents are required to attend 2 recovery meetings a week, unless otherwise directed. Residents may go to meetings after curfew with an approved sponsor or resident. Residents are required to meet with their assigned spiritual mentor weekly and participate in aftercare. Residents must attend New Life Church's weekly service Sunday at 10:30am.

House Meetings

Lifehouse conducts mandatory weekly house meetings. Phone calls and guests are not accepted during this time.

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Waiver & Release of Liability

In consideration of the risk of injury while participating in the Lifehouse Sober Living Program (the “Activity”), and as consideration for the right to participate in the activity, I hearty, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or cases of action of any kind whatsoever arising out of my participation in the activity, and do hereby release and forever discharge New Life Church & Lifehouse Sober living, located at 905 East 6th St. Atlantic, IA. 50022, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, for any physical or psychological injury, including but not limited to illness, paralysis, death, damages, economical or emotional loss, that I may suffer as a direct result of my participation in the aforementioned activity, including traveling to and from events related to this activity.

I AM VOLUNTARILY PARTICIPATING IN THE AFOREMENTIONED ACTIVITY AND I AM PARTICIPATING IN THE ACTIVITY ENTIRELY AT MY OWN RISK. IA M AWARE OF THE RISKS ASSOCIATED WITH TRAVELING TO AND FROM AS WELL AS PARTICIPATING IN THIS ACTIVITY, WHICH MAY INCLUDE, BUT ARE NOT LIMITED TO, PHYSICAL OR PSYCHOLOGICAL INJURY, PAIN, SUFFERING, ILLNESS, DISFIGUREMENT, TEMPORARY OR PERMANENT DISABILITY (INCLUDING PARALYSIS), ECONOMICAL OR EMOTIONAL LOSS, AND DEATH. I UNDERSTAND THAT THESE INJURIES OR OUTCOMES MAY ARISE FROM MY OWN OR OTHERS’ NEGLIGENCE, CONDITIONS RELATED TO TRAVEL, OR THE CONDITION OF THE ACTIVITY LOCATION(S). NONETHELESS, I ASSUME ALL RELATED RISKS, EITHER KNOWN OR UNKNOWN TO ME, OF MY PARTICIPATION IN THIS ACTIVITY, INCLUDING TRAVEL TO, FROM AND DURING THIS ACTIVITY.

I agree to indemnify and hold harmless New Life Church and Lifehouse Sober Living against any and all claims, suits, or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by me or anyone on my behalf, including attorney’s fees and any related costs, if litigation arises pursuant to any claims made by me or anyone else acting on my behalf. If New Life Church or Lifehouse Sober Living incurs any of these types of expenses, I agree to reimburse New Life Church and Lifehouse Sober Living.

I acknowledge that New Life Church and Lifehouse Sober Living and their directors, officers, volunteers, representatives and agents are not responsible for errors, omissions, acts or failures to act of any party or entity conducting a specific event or activity on behalf of New Life Church and Lifehouse Sober Living.

**I acknowledge that this activity may include a test of a person’s physical and mental limits and may carry with it the potential for death, serious injury, and property loss.

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The risks may include, but are not limited to those caused by terrain, equipment, vehicular traffic and actions of others, including but not limited to participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event.

I acknowledge that I have carefully read this "Waiver & Release" and fully understand that it is a release of liability. I expressly agree to release and discharge New Life Church and Lifehouse Sober Living and all of its affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I otherwise have to bring a legal action against New Life Church and Lifehouse Sober Living for personal injury or property damage.

To the extent that statute or case law does not prohibit releases for negligence, this release is also for negligence on the part of New life Church and Lifehouse Sober Living, its agents, and employees.

In the event that I should require medical care or treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

This agreement was entered into arm's length, without duress or coercion, and is to be interpreted as an agreement between two parties of equal bargaining strength.

Both the Participant, _____, and New Life Church & Life house Sober Living agree that this agreement is clear and unambiguous as to its terms, and that no other evidence will be used or admitted to alter or explain the terms of this agreement, but that it will be interpreted based on the language in accordance with the purposes for which it is entered into.

In the event that any provision contained within this Release of Liability shall be deemed to be severable or invalid, or if any term, condition, phrase or portion of this agreement shall be determined to be unlawful or otherwise unenforceable, the remainder of this agreement shall remain in full force and effect, so long as the clause severed does not affect the intent of the parties. If a court should find that any provision of this agreement to be invalid or unenforceable, but that by limiting said provision it would become valid and enforceable, then said provision shall be deemed to be written, construed and enforced as so limited.

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I, the undersigned participant, affirm that I am of the age 18 years or older, and that I am freely signing this agreement. I certify that I have read this agreement, that I fully understand its content and that this release cannot be modified orally. I am aware that this is a release of liability and a contract and that I am signing it of my own free will.

Participant's Name (Print): _____

Participant's Signature: _____

Date: _____



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Rules and Regulations

You can only keep what you have by giving it away. We know good works is not what gets us into heaven at the end of our journey, but we are called to serve and serve is what we do. Residents will volunteer with other New Life Church members at local churches, food pantries, local thrift stores, community agencies, and scheduled events.

Transitioning

The minimum stay for residents at the Lifehouse sober living center is 6 months to 1 year. Residents transitioning to self-sufficiency must have full support of the Lifehouse Administration Support System.

Mandatory Classes

Monday- CR Step Study/AA 6:30p/ 8:00p

Tuesday- Prayer/Video Group 7:00pm

Wednesday-Theology class in house 6:30pm

Thursday-Celebrate Recovery 6:00pm

Friday- Friday Night Live N.A. 7:00pm

Sunday-Church service at New Life Church 7:45am-12:30pm

*** Attending all classes is a requirement while residing at lifehouse sober living. Residents must be on time for each class, no exceptions. Cell phone use is prohibited during any and all class hours.*

Furloughs

After 30 days, residents may request a 24 hr. Furlough per week. Residents must be in good standing. Furlough requests must be made 1 week prior and submitted to Lifehouse administration for review and already approved by parole or probation officers. The furlough must be with someone who is not a risk to the resident's recovery and or sobriety. Stipulations may be placed on residents during furlough; a filled itinerary will be requested. Residents will be tested for drug/alcohol use upon return.

***Residents must attend a Sunday morning service even on furlough.*

Urinalysis

All Lifehouse residents are subject to random urinalysis, drug testing and/or breathalyzer at anytime.

Money/ Income

All income generated by residents is their responsibility. Each resident is required to pay programming fees directly to Lifehouse administration. Each resident is responsible for purchasing their own food and personal items.

Sobriety Deposit and Programming Fees

All residents pay a \$200.00 (One time) sobriety deposit and \$300.00 per month for programming fees. Residents begin accruing fees the day of their arrival. The sobriety deposit is returned to the resident when they successfully complete programming. If the resident owes fees/fines, the deposit will be applied to those fees. Any remaining amount will be issued back to the resident. If residents leaves before program completion, relapses or is evicted, deposit is forfeited.

Resident Living Areas

Residents are responsible for keeping personal living spaces tidy and for picking up after themselves. Dirty clothes should be in laundry baskets or totes. Beds are to be made every morning. Your room must be clean prior to leaving the house. Household chores will be divided evenly amongst all residents on a weekly rotation. Residents will be fined if they fail to keep their area clean. No food or drinks outside kitchen and dining room.

Kitchen & Food

Residents assigned to kitchen duty are not responsible for cleaning up after others but to maintain cleanliness. Please wash and dry your own dishes. Label the food you purchase. If anyone knowingly takes someone else's labeled food, it is stealing and handled as such. *No cooking after 9:00pm.*

Medication

Upon admittance, all prescription and OTC medication MUST be placed in personal lock boxes. All medication is self-administered; residents are required to take medication as prescribed. Taking prescribed medication is mandatory; continual "forgetting," refusing to take medication or abusing medication may result in eviction. All medication is to be kept confidential.

Smoking

Residents may smoke in designated areas outside. The ash can must be emptied daily by those that use it.

Accidents/Injuries

Lifehouse and New Life Church Atlantic are not responsible for accidents and or injuries occurring on the property during a resident's stay. Residents should have some type of Medical Insurance or coverage or be prepared to pay any medical fees personally.

House Safety, Security, Rules

All residents will comply with quiet hours from 10pm-8am. Residents should respect others' needs for rest, and keep the volume of conversations down. Upon agreement of all residents, times may be modified for a house function, event, or meeting. No napping or eating food in living room. Each resident is issued a house code. It is the resident's responsibility to lock doors upon leaving. If doors are left unlocked, residents may be put on probation.

*** The lifehouse sober living house is a NO VIOLENCE ZONE. Violence will NOT be tolerated and is grounds for immediate dismissal from our lifehouse facilities.*

Phones

No cell phone usage for the first 30 days and then assess how you are doing before giving you cell phone privileges. No cell phone usage after 10pm. Cell phones are not permitted in bedrooms and must be left in kitchen at night to charge.

Eviction or Voluntary Departure

If resident fails drug testing, self admits to relapse or is found to be in noncompliance of programming, resident may be asked to leave. Residents will have 20 minutes under escort to gather belongings and leave. Parole or probation officers will be notified. Residents will be allowed to pick up or arrange for pick up of any remaining items within 72 hours. A resident deciding to voluntarily leave follows the same guidelines as residents who are evicted. Resident's account freezes immediately upon eviction or departure. If back programming fees are owed, residents are still liable for those fees. If resident has prepaid programming fees, resident will receive a refund within seven business days, minus any outstanding fees or fines. If evicted and resident is interested in re-entering Lifehouse sober living, resident must contact lifehouse sober living within 30 days of release to request a meeting. If approved, resident pays additional sobriety deposit, as well as any back fees.

Curfew

Curfew for residents first 30 days is 7:00pm. After 30 days it is 8:00pm. Exceptions are meetings with administrative approval.

Children and Visitation

If a resident has children and is allowed to have visitation, supervised visits are permitted. If a resident is requesting to have their children stay overnight, this must be approved first through Lifehouse sober living administration. Residents are allowed to have 1 overnight stay during the weekend. Resident must be in good standing.

Relationship

We ask that you refrain from engaging in any platonic or sexual relationships with the opposite sex while participating in the Lifehouse program.

FYI: If accepted, residents official house address will be given at that time. This should be provided to your family and case manager to be submitted to parole administration, if applicable.

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Rules Violation

1st violation= A warning

2nd violation= 5\$ fine !

3rd violation= 15\$ fine !

4th Violation= 25\$ fine !

5th Violation= Loss of deposit and time to pack up! (Handled on an individual basis!)

Rules violations examples:

Food in your rooms at any time!

Cigarette butts not in designated butt can in designated area, (YES THERE IS A DESIGNATED AREA TO SMOKE!)

Laundry left in washer or dryer!

Dishes left out anywhere!

Beds not made in the morning!

Any of your stuff laying out not put away!

!WARNING!

Any complaint from any neighbor is subject to immediate discharge

Print _____

Signature _____

Date _____

Lifehouse Director Dustin Lucero / (712) 828-9065 / lifehouse911.22@gmail.com